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## Jay H Mead, M.D.



Jay H. Mead MD, FASCP, is the President and Medical Director of Labrix Clinical Services, Inc and a visionary for innovative testing for discerning practitioners. He is a leading expert in Salivary hormone and Urine iodine testing. Dr. Mead has been practicing as a clinician for over twenty years and understands the need and value of accurate, reliable laboratory testing. Dr. Mead is a board certified pathologist (AP/CP), a retired USAF Flight Surgeon and cofounder of a progressive full service complementary and alternative medical clinic. He also has board certification in blood banking and lead the Pacific Northwest Region of the American Red Cross as the Chief Medical Officer for over 10 years. Dr Mead is the co-author of the newly released book: ***Slim, Sane and Sexy; Pocket Guide to Natural, Bioidentical Hormone Balancing*** ([www.slimsaneandsexy.com](http://www.slimsaneandsexy.com)).

Dr. Mead speaks at national and international conferences on topics including: Best Practices for State-of-the-Art Hormone Testing; Best Practices for Men's Hormone Health; Beyond Testosterone...Progesterone for men, Youth's Best Kept Secret; Vitamin D The Forgotten Hormone; Neurodegenerative Disease and Endocrine Balancing; an Integrative Approach; Thyroid Health and Prostate Health.

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## Erin Lommen, N.D.

### CEO & Associate Medical Director



Dr. Lommen is a licensed Naturopathic Physician and is enjoying over 20 years of clinical family practice and health optimization utilizing Naturopathic practices. She was a clinical investigator for a successful 5-year study through the NIH (National Institute of Health) on chronic disease. Dr Lommen has taught as an associate professor at NCM (National College of Naturopathic Medicine) for 10 years. She is the co-author of the popular book: ***Slim, Sane and Sexy; Pocket Guide to Natural, Bioidentical Hormone Balancing*** ([www.slimsaneandsexy.com](http://www.slimsaneandsexy.com)).

Dr. Lommen has spoken at National conferences on topics including: GI Health, Bioidentical Hormone Balancing, PCOS and Metabolic Syndrome, Depression, Chronic Fatigue Syndrome and Breast Health and Thermography. Television interviews include both local and national stations, most notably; CNN.

The treatment modalities she employs in her practice are: bioidentical hormones, nutrition, vitamin and mineral replacement, mind/body and lifestyle counseling, botanical medicine, liver cleansing and detoxification.

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## Dr. Ben Markham, DC



He has been in practice, currently in Albuquerque, with a chiropractic/clinical nutrition practice. He is a Diplomate, International Board of Applied Kinesiology; Fellow, International Academy of Clinical Acupuncture; Diplomate, American Chiropractic Board of Nutrition; Certified Clinical Nutritionist with the International and American Academy of Clinical Nutrition; and, a Board certified homeopathic physician from the Academy for Classical Homeopathy. Dr. Markham has taught applied kinesiology, nationally and internationally, along with numerous other topics, and has developed "Clinical Solutions" seminars, teaching clinical nutrition to licensed health care providers across the United States.